



## JingMommy Frozen Postpartum Meal Comparison Chart

|                                            | \$ 3,490<br>Classic Meal 28 Days | \$ 3,890<br>Herbal Meal 28 Days              | \$ 2,190<br>Soup & Dessert Meal 28 Days |
|--------------------------------------------|----------------------------------|----------------------------------------------|-----------------------------------------|
| Breakfast : Egg                            | √                                | √                                            | No                                      |
| Breakfast : Porridge                       | √                                | √                                            | No                                      |
| Lunch : Fish Soup                          | √                                | √                                            | √                                       |
| Lunch : Postpartum Lunch Stew              | √                                | √                                            | √                                       |
| Dinner : Traditional Taiwanese Stew        | √                                | √                                            | √                                       |
| Dinner : Postpartum Dinner Soup            | √                                | √                                            | √                                       |
| Rice : Whole Grain/ Brown Rice             | 2                                | 2                                            | No                                      |
| Vegetable                                  | 2                                | 2                                            | No                                      |
| Energy Drink                               | √                                | √                                            | No                                      |
| Dessert                                    | 2                                | 2                                            | 2                                       |
| Free Gifts : Belly Wrap / Du Zhong Capsule | √                                | √                                            | Add On Option                           |
| Jing Postpartum Herbal Drink               | No                               | √                                            | Add On Option                           |
| Sheng Hua Tang 7 days                      | Add On Option                    | Add On Option                                | Add On Option                           |
| Note                                       |                                  | 28 Days JingMommy<br>Postpartum Herbal Drink |                                         |

